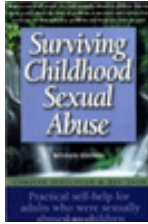


# Book List for Adults

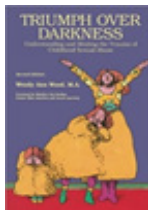
## Adult Survivors of Child Abuse



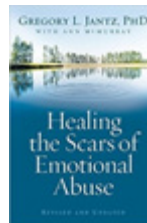
**Surviving Childhood Sexual Abuse: Practical Self-Help for Adults who were Sexually Abused as Children (2000)**  
Author: Carolyn Ainscough and Kay Toon



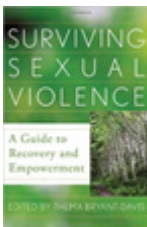
**The Body Never Lies: The Lingering Effects of Hurtful Parenting (2006)**  
Author: Alice Miller



**Triumph Over Darkness: Understanding and Healing the Trauma of Childhood Sexual Abuse (1991)**  
Author: Wendy Ann Wood



**Healing the Scars of Emotional Abuse (2009)<sup>1,2</sup>**  
Author: Gregory L. Jantz, Ph.D and Ann McMurray



**Surviving Sexual Violence: A Guide to Recovery and Empowerment, 10th Ed. (2011)**  
Author: Thema Bryant-Davis

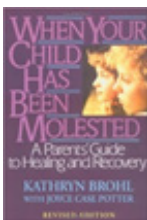


**Stolen Tomorrows: Understanding and Treating Women's Childhood Sexual Abuse (2008)**  
Author: Steven and Abby Levenkron

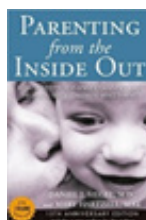


**The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse, 3rd Ed. (Revised 2012)<sup>3</sup>**  
Author: Wendy Maltz

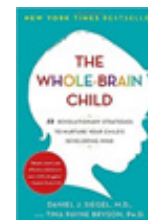
## Parenting/Supporting a Survivor of Child Abuse



**When Your Child Has Been Molested: A Parents' Guide to Healing and Recovery, Revised Edition (2004)**  
Author: Kathryn Brohl and Joyce Case Potter



**Parenting From the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive, 10th Anniversary Ed. (2013)\***  
Author: Daniel J. Siegel and Mary Hartzell



**The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (2012)\***  
Author: Daniel J. Siegel and Tina Payne Bryson

## Male Survivors of Child Abuse

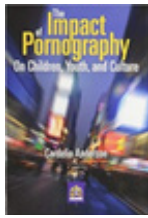


**Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse (2004)<sup>1,2</sup>**  
Author: Mike Lew

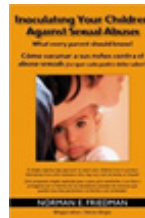


**Beyond Betrayal: Taking Charge of Your Life After Boyhood Sexual Abuse (2005)**  
Author: Richard B. Gartner

## Children and Sexual Abuse



**The Impact of Pornography on Children, Youth, and Culture (2011)**  
 Author: Cordelia Anderson



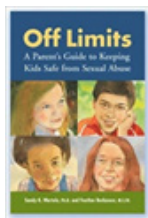
**Inoculating Your Children Against Sexual Abuse: What every parent should know! (2006)**  
 Author: Norman E. Friedman



**Helping Children with Sexual Behavior Problems: A Guide for Professionals and Caregivers (2014)**  
 Author: Toni Cavanagh Johnson, Ph. D.



**Safe Connections: A Parent's Guide to Protecting Young Teens from Sexual Exploitation (2012)**  
 Author: Sandy K. Wurtele Ph. D.

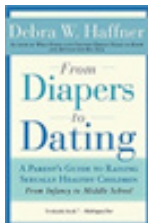


**Off Limits: A Parent's Guide to Keeping Kids Safe from Sexual Abuse (2010)**  
 Author: Sandy K. Wurtele and Feather Berkower



**The Sex-wise Parent: The Parent's guide to Protecting Your child, Strengthening Your Family, and Talking to Kids about Sex, Abuse, and Bullying (2012)**  
 Author: Janet Rosenzweig

## Talking with Your Children About Sex



**From Diapers to Dating: A Parent's Guide to Raising Sexually Health Children – From Infancy to Middle School (2008)**  
 Author: Debra W. Haffner



**Everything You Never Wanted Your Kids to Know About Sex (But Were Afraid They'd Ask): The secrets to surviving your child's sexual development from birth to the teens (2004)**  
 Author: Justin Richardson

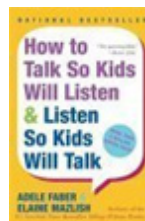


**What Your Child Needs to Know About Sex (and When): A Straight-Talking Guide for Parents (2011)**  
 Author: Dr. Fred Kaeser

## Parenting



**How to Talk So Teens Will Listen and Listen So Teens Will Talk (2010) <sup>1</sup>**  
 Author: Adele Faber and Elaine Mazlish



**How to Talk So Kids Will Listen & Listen So Kids Will Talk (1999) <sup>1</sup>**  
 Author: Adele Faber and Elaine Mazlish