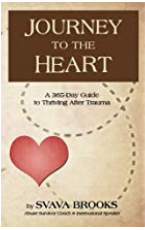


Book List for Adults

Adult Survivors of Child Abuse



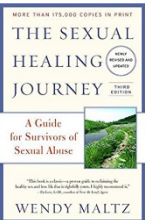
Journey to the Heart: 365 Day Guide to Thriving after Trauma (2016)

Author: Svava Brooks



Releasing Your Authentic Self: A Daily Guide to Help Child Abuse and Trauma Survivors Rediscover Themselves (2017)

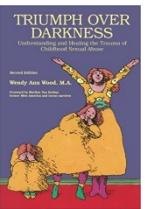
Author: Svava Brooks



The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse, 3rd Ed. (Revised 2012)

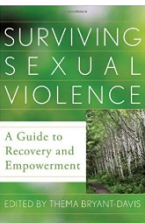
Author: Wendy Maltz

Available at Jefferson County Library



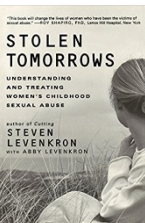
Triumph Over Darkness: Understanding and Healing the Trauma of Childhood Sexual Abuse (1991)

Author: Wendy Ann Wood



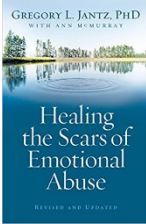
Surviving Sexual Violence: A Guide to Recovery and Empowerment, 10th Ed. (2011)

Editor: Thema Bryant-Davis



Stolen Tomorrows: Understanding and Treating Women's Childhood Sexual Abuse (2008)

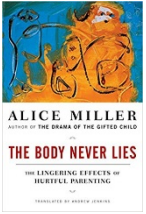
Authors: Steven Levenkron and Abby Levenkron



Healing the Scars of Emotional Abuse (2009)

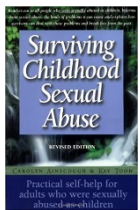
Authors: Gregory L. Jantz, Ph.D and Ann McMurray

Available at the Deschutes Public Library & Crook County Library



The Body Never Lies: The Lingering Effects of Hurtful Parenting (2006)

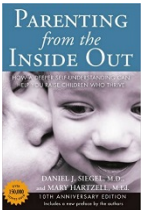
Author: Alice Miller



Surviving Childhood Sexual Abuse: Practical Self-Help for Adults who were Sexually Abused as Children (2000)

Authors: Carolyn Ainscough and Kay Toon

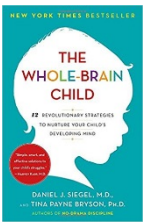
Parenting/Supporting a Survivor of Child Abuse



Parenting From the Inside Out: How a Deeper Self-Understanding Can Help You Raise Children Who Thrive, 10th Anniversary Ed. (2013)

Authors: Daniel J. Siegel and Mary Hartzell

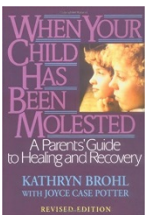
Available at Deschutes Public Library & Crook County Library



The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (2012)

Authors: Daniel J. Siegel and Tina Payne Bryson

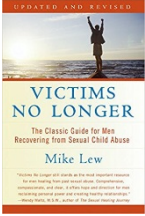
Available at Deschutes Public Library



When Your Child Has Been Molested: A Parents' Guide to Healing and Recovery, Revised Edition (2004)

Authors: Kathryn Brohl and Joyce Case Potter

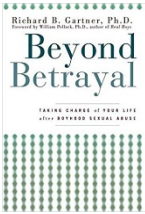
Male Survivors of Child Abuse



Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse (2004)

Author: Mike Lew

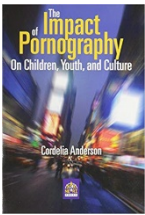
Available at Deschutes Public Library & Crook County Library



Beyond Betrayal: Taking Charge of Your Life After Boyhood Sexual Abuse (2005)

Author: Richard B. Gartner

Children and Sexual Abuse



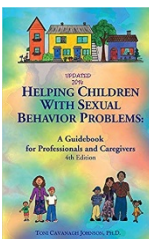
The Impact of Pornography on Children, Youth, and Culture (2011)

Author: Cordelia Anderson



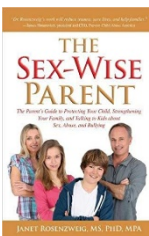
Inoculating Your Children Against Sexual Abuse: What every parent should know! (2006)

Author: Norman E. Friedman



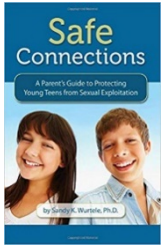
Helping Children with Sexual Behavior Problems: A Guide for Professionals and Caregivers (2014)

Author: Toni Cavanagh Johnson, Ph. D.



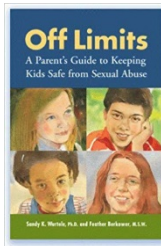
The Sex-wise Parent: The Parent's guide to Protecting Your child, Strengthening Your Family, and Talking to Kids about Sex, Abuse, and Bullying (2012)

Author: Janet Rosenzweig



Safe Connections: A Parent's Guide to Protecting Young Teens from Sexual Exploitation (2012)

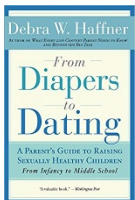
Author: Sandy K. Wurtele Ph. D.



Off Limits: A Parent's Guide to Keeping Kids Safe from Sexual Abuse (2010)

Author: Sandy K. Wurtele and Feather Berkower

Talking with Your Children About Sex



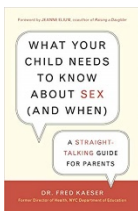
From Diapers to Dating: A Parent's Guide to Raising Sexually Health Children – From Infancy to Middle School (2008)

Author: Debra W. Haffner



Everything You Never Wanted Your Kids to Know About Sex (But Were Afraid They'd Ask): The secrets to surviving your child's sexual development from birth to the teens (2004)

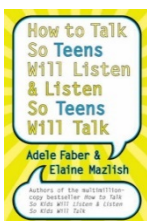
Author: Justin Richardson



What Your Child Needs to Know About Sex (and When): A Straight-Talking Guide for Parents (2011)

Author: Dr. Fred Kaeser

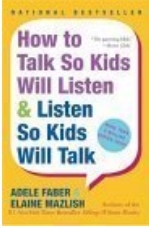
Parenting



How to Talk So Teens Will Listen and Listen So Teens Will Talk (2010)

Author: Adele Faber and Elaine Mazlish

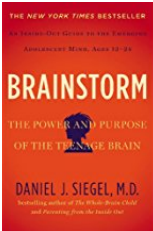
Available at Deschutes County Library



How to Talk So Kids Will Listen & Listen So Kids Will Talk (1999)

Author: Adele Faber and Elaine Mazlish

Available at Deschutes County Library



Brainstorm: The Power and Purpose of the Teenage Brain (2014)

Author: Daniel Siegel

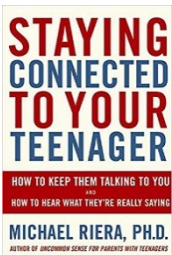
Available at Deschutes County Library



Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Realities of Girl World (2009)

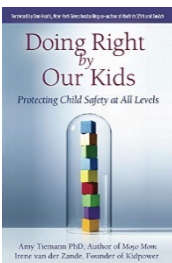
Author: Rosalind Wiseman

Available at Deschutes County Library



Staying Connected to Your Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying (2003)

Author: Michael Riera



Doing Right by Our Kids: Protecting Child Safety at All Levels (2018)

Author: Amy Tiemann, Phd; Irene van der Zande, and Dan Heath